

Techno-Nutrition Health Center
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<http://www.nutritionexplorations.org/index.asp>

This is the web site of the National Dairy Council.

This site has some: interesting interactive materials for elementary aged students.

EXAMPLE: Nutrition Mixer: 1st - Students will identify foods by: food group; 2nd – Students will use the foods to build a healthy meal by selecting choices to make a food pyramid; 3rd – After students correctly choose foods and build a food pyramid they can access a music mixer that will play different styles of music.

<http://www.cspinet.org/smartmouth/index1.html>

This site is an Apex award winner and Association of Educational Publishers finalist site.

This site provides a variety of experiences suitable for: intermediate and middle school grades.

EXAMPLES: facts about snacks: (snacktoids), build a meal so you can see the saturated fat count and calorie count (choose ur chews); a hangman-like trivia game about food and nutrition in general (feed the face).

<http://www.fatcalories.com>

This is a commercial page (some schools might not let it run since it has adds) that lets you see the nutritional breakdown of various fast food chain food choices.

This site would be helpful for students 5th grade or: higher.

<http://library.thinkquest.org/J002755/>

This site is called Herb the Hungry Hippo Hunts for Health Habits

This site would be helpful in a Kindergarten or Primary grade classroom.

By using the Alphabet as its organizational strategy, there is a healthy food tip, displayed by an icon or picture, for each letter. There are often times student voices that accompany the tip. This site could scaffold EL students as well due to graphic, iconic, and verbal combination.

<http://exhibits.pacsci.org/nutrition/>

This site is called Nutrition Café.

This site would be of interest to: intermediate grades and beyond since its approach is game-show-style nutrition activities.

EXAMPLES: Nutrition Sleuth – is a game where a detective: must discover which important nutrient is missing. This is in a hangman format. Grab A Grape is a Jeopardy style game that helps you to match fact answers and questions.

<http://www.kidshealth.org/kid/>

This site's focus is helping kids with their health. There are a variety of mental, physical, and nutritional links that help students learn more about these topics. There are also three interactive sections that vary in their format.

This site would be of interest to students in intermediate: and middle school.

<http://www.BrainPop.Com>

This is an animated video library about many topics, but it has a great selection of health videos. Each video also has a variety of activities that accompany it.

While there are many free videos, this is a subscription based: site, so the majority of videos can only be accessed by a school or family subscription.

This site is accessible to students of various ages, depending on the topic, but I would recommend this site for students in grade 3 through middle school.

<http://www.kidnetic.com/>

This is an award winning interactive site that has a variety of activities.

Many of the activities can be accessed without a membership, but: others cannot. The membership is free.

This site is fit for: intermediate students and beyond. This site also has information for parents.

EXAMPLES: InnerG – is an interactive body. Drop a body part into: the body and find out about that part. Various games like Wet Head Games. These games are fitness based activities that students can try (maybe some good activities for a quick PE mixer).

<http://www.coolfoodplanet.org/gb/home.htm> This: is an information site designed by the European Food Information Council, EUFIC. The EUFIC, is a non-profit organization which provides science-based information on food and food-related topics to the media, health and nutrition professionals, educators, and opinion leaders.

This site has two: formats: a child's version fit for primary and even intermediate aged students.

In this format, there are a variety of interactive features. There is also a teen format.

Since this is an international site, I have reservations, since the international community can be more progressive than American culture. I have not thoroughly investigated the site, though, so my reservations may be unfounded (NOTE: I have lived overseas.).

<http://www.kelloggs.com/nutrition/nutritioncamp/fun/index.html>

This site is developed by Kelloggs.

It has animated board game trivia: questions and a matching game. It was fun and interesting for students in the primary or intermediate grades. DISCLAIMER – many brand based sites: lean toward propaganda - interesting games for primary kids, but more or less focused so they can market brand products in the same moment. I wonder if these companies get funds federal funds and then use the money to build these sites? So, beware. There are some questionable sites.